

HYPERTENSION CASE FINDING UPDATE



ADEYINKA JOLAOSO
Service Development Manager
CPK

HCP SIGN UPS

HCP	Total Number of Pharmacies	Signed up to the Service	Providing the Service	Not Providing the Service
DGS	48	34	27	7
East Kent	123	98	81	17
West Kent	65	49	38	11
Medway and Swale	77	58	42	16
Total	313	239	188	51

HCP PERFORMANCE FOR JUNE, JULY AND AUGUST

HCP	Jun-23		Jul-23		Aug-23	
	Opp ABPM	Adhoc ABPM	Opp ABPM	Adhoc ABPM	Opp ABPM	Adhoc ABPM
DGS	10	2	7	4	7	0
EK	15	5	41	1	27	2
MS	9	4	9	2	11	5
WK	14	0	20	1	23	2
Total	48	11	77	8	68	9
HCP	Jun-23		Jul-23		Aug-23	
	Opp. Clinic	Adhoc Clinic	Opp. Clinic	Adhoc Clinic	Opp. Clinic	Adhoc Clinic
DGS	412	33	220	34	195	17
EK	770	197	802	196	645	168
MS	399	120	464	156	409	121
WK	575	113	597	111	514	77
Total	2156	463	2083	497	1763	383

2223 BP check done in August 2023 which is 377 checks down on the previous month.



ABPM Check	Jul-23	Aug-23
More than 10 but less than 20	2	0
Less than 10	39	23
Total	41	23

- **Key highlight:** 23 pharmacies engaged with ABPM checks for patient a reduction of 18 from previous month.

DGS ABPM Check	Aug-23
Less than 10	1

M&S ABPM Check	Aug-23
Less than 10	5

WK ABPM Check	Aug-23
Less than 10	7

EK ABPM Check	Aug-23
Less than 10	10

ABPM INCENTIVE.

In 2023/24, Contractors are required to complete 20 ABPM by the end of March 2024 to qualify for the incentive payment.

HCP	Total Number of Pharmacies	Signed up to the Service	Providing the Service	Number of Pharmacies qualified	%
Dartford Gravesham and Swanley	48	34	27	5	18.52
Medway and Swale	77	58	42	11	26.19
East Kent	123	98	81	28	34.57
West Kent	65	49	38	13	34.21
Total	313	239	188	57	30.32

Key changes

Greater use of pharmacy staff

- Trained & competent
- Delegated by RP
- Selection of patients
- Measurement of BP
- Can discuss results
- Can contact the practice to refer

Must have an ABPM device

- Must have both devices

Additional exclusion criteria

- People diagnosed with AF / irregular heartbeat

Additional safety netting

- Need to highlight any patients with symptoms to pharmacist
- Need to highlight same day referral to pharmacist

Updated Annexes

- Summary of all captured data (Annex F)
- Indication of data transferred
- Separate annex G
- Additional guidance on irregular pulse

Requirements

- Compliant with Terms of Service requirements for Essential services and clinical governance
- **Consultation room**
 - ✓ Additional requirements for taking BP
- **Off-site provision**
 - ✓ With commissioner consent only
 - ✓ Location meets standards required by GPhC
 - ✓ Under supervision of a pharmacist
- **Equipment** – normal BP meter and an ABPM
 - ✓ must be validated by the British and Irish Hypertension Society



Requirements

- **IT requirements** – Must use an NHS-assured clinical IT system – currently 4 system suppliers
- **Standard operating procedure**
 - ✓ Review your SOP to cover changes
- **Sign up** to provide via NHSBSA MYS (if new to the service)
- **Update NHS Profile Manager**
- **Engage** with local GP practices and/or PCN colleagues
 - ✓ make them aware the pharmacy is providing
 - ✓ agree a local process with the practice for referral



Patient eligibility

Inclusion criteria

- Adults ≥ 40 years with no diagnosis of hypertension
- By exception, < 40 years with family history of hypertension*
- Approached or self-requested 35-39 years old*
- Adults with or without a prior diagnosis of hypertension specified by a general practice (clinic and ambulatory blood pressure checks)

* Previously only at the discretion of the pharmacist or pharmacy technician



Patient eligibility

Exclusion criteria

- Under 40 years old unless at the discretion or specified by a general practice
- People who have their blood pressure regularly monitored by a healthcare professional
- People requiring daily blood pressure monitoring for any period of time
- People with a diagnosis of atrial fibrillation or history of irregular heartbeat

Additional consideration

- Unable to support due to cuff size



KEY TAKE HOME MESSAGE

- Ensure your profile manager reflects your current registration status
- Ensure you are actively providing the service once you have signed up
- Ensure that you are appropriately offering ABPM to patients.